

### **MEDIA RELEASE**

7 April 2025

# PCYC NSW Invests \$150K to Enhance Gymnastics Programs for the Penrith Community.

PCYC NSW is proud to announce a major investment of \$150,000 to create a state-of-the-art gymnastics space at the PCYC Penrith Club. This exciting new facility is set to elevate the gymnastics experience for both beginners and seasoned athletes in the local community.

The new gymnastics space will be ready for the start of Term 2 and will showcase topof-the-line, competition-level equipment, including a full sprung floor area, tumble trampoline, new beams and uneven bars.

"We're thrilled to see this project come to life. Our new gymnastics space will provide a world-class environment for young athletes to train, learn, and thrive. This investment is just the beginning, as we are committed to growing our gymnastics program in Penrith for the local community," said Justin Hayes, PCYC Gymnastics Manager.

Along with the new equipment, PCYC is also investing in its coaching team to ensure the highest quality training for all participants. All PCYC gymnastics coaches are accredited by Gymnastics Australia, bringing a wealth of expertise, knowledge, and support to every session.

"Our new gymnastics program will offer additional pathway programs for gymnasts in the future, including TeamGym, Power Tumbling, and FreeG/Parkour. By investing in both the facility and our coaches, we're creating a strong foundation for the future of gymnastics in Penrith," said Justin.

The Penrith community can look forward to an exciting new chapter for gymnastics at the PCYC Penrith Club, with more KinderGym classes, gymnastics opportunities, and a space purposely designed to inspire the next generation of athletes.

#### **About Penrith PCYC NSW**

PCYC is a youth charity established in 1937. PCYC is built by the community, for the community and is the largest provider of community sports and recreation across New South Wales. We also offer OOSH Care services, driver education programs and youth programs. Through the three youth program streams of Employability, Wellbeing and Leadership and Culture and Community we provide young people with safe spaces to get active, build capability and make meaningful contributions to their communities.



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