## Term 3 Gymnastics at PCYC Queanbeyan

## WHAT TO BRING:

Please bring your water bottle, wear sports appropriate attire, long hair tied back and no jewellery.

\$20 per 45 min/1 hour class \$27 per 1.5 hour class \$33.20 per 2 hour class

Fees are paid via fortnightly direct debit. Gymnastics Australia Registration and Insurance \$65/2024



|                              | Monday  | Tuesday                            | Wednesday                          | Thursday                                   | Friday                               | Saturday                              | Sunday |
|------------------------------|---|------------------------------------|------------------------------------|--|--------------------------------------|---------------------------------------|--------|
| FreePlay (Ages 0-4)          |   | •                                  |                                    | 10:00am - 10:45am<br>\$15 per casual class |                                      |                                       |        |
| KinderGym (Ages 1.5-3)       | 9:30am - 10:15am                              | 9:30am - 10:15am                   |                                    |  | 9:30am - 10:15am                     | 9:00am - 9:45am                       |        |
| KinderGym (Ages 3-5)         | 9:30am - 10:15am<br>10:30am - 11:15am         | 10:30am - 11:15am                  |                                    |  | 10:30am - 11:15am                    | 10:00am - 10:45am                     |        |
| Junior Gym (Ages 4-5)        | 4:00pm - 5:00pm                               | 4:00pm - 5:00pm                    |                                    |  | 11:30am - 12:30pm<br>4:00pm - 5:00pm | 9:30am - 10:30am<br>10:30am - 11:30am |        |
| GymStar (Ages 5-8)           | 4:00pm - 5:00pm<br>5:15pm - 6:15pm            | 4:00pm - 5:00pm<br>5:15pm - 6:15pm | 4:00pm - 5:00pm<br>5:15pm - 6:15pm | 4:00pm - 5:00pm<br>5:15pm - 6:15pm         | 4:00pm - 5:00pm                      | 9:00am - 10:00am<br>10:15am - 11:15am |        |
| GymStar Extended (Ages 8-12) | 5:15pm - 6:45pm                               | 5:15pm - 6:45pm                    | 5:15pm - 6:45pm                    | 5:15pm - 6:45pm                            |                                      | 10:15am - 11:45am                     |        |
| GymStar Plus<br>(Ages 8-12)  | 5:00pm - 7:00pm                               | 5:00pm - 7:00pm                    |                                    | 5:00pm - 7:00pm                            | 5:00pm - 7:00pm                      | 10:30am - 12:30pm                     |        |
| FreeG Ninja (Ages 5-8)       |   |                                    | 4:00pm - 5:00pm                    |  |                                      |                                       |        |
| FreeG Ninja (Ages 8-12)      |   |                                    | 5:00pm - 6:00pm<br>6:00pm - 7:00pm |  |                                      |                                       |        |
| TeamGym (Ages 10-16)         |   | 5:00pm - 6:30pm                    |                                    |  |                                      |                                       |        |
| GymAbility (Ages 5-16)       | Available upon request<br>(Mon - Fri AM only) |                                    |                                    |  |                                      |                                       |        |
|                              |   |                                    |                                    |  |                                      |                                       |        |
|                              |   |                                    |                                    |  |                                      |                                       |        |
|                              |   |                                    |                                    |  |                                      |                                       |        |

All participants must be current PCYC members \$15/12 months





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