



GYMNASTICS

REGISTRATION FORM 2022

Term 4

| | |
|---|----------|
| Students Name: | DOB: |
| Parent/Guardian/Emergency contact details | |
| Name: | Address: |
| Phone: | Email: |
| Signature: | |
| Is there any medical details/information we need to know about? (Allergies, injuries, medical conditions) | |

Please circle which level/class you will be attending:

| MONDAY | WEDNESDAY | THURSDAY |
|---|---|---|
| GymStar G (Beginner Recreational) 4pm-5pm | GymStar M (Intermediate Recreational) 4pm-5pm | GymStar M (Intermediate Recreational) 4pm-5pm |
| GymStar Y (Beginner Recreational) 5pm-6pm | GymStar Star (Experienced Recreational) 5pm-6pm | GymStar Star (Experienced Recreational) 5pm-6pm |
| | Advanced 4pm-6pm | Advanced 4pm-6pm |

COST: \$140 for recreational classes. \$210 for advanced classes

Cost must be paid up front. Active Kids Vouchers are accepted for Gymnastics.

| | | |
|-------|----------------------------|--------|
| DATE: | PAID : CASH /CARD /VOUCHER | STAFF: |
|-------|----------------------------|--------|

All precautions will be taken to prevent accidents, however, these activities are dangerous sports. Participants take part at their own risk.

PCYC GYMSTAR PROGRAM

Our PCYC NSW GymStar program is a recreational program for school age children, covering the basics of gymnastics and movement in a fun and friendly environment. Children will learn the basics of apparatus such as bars, beam, floor and trampoline to assist in developing skills such as balance, coordination and strength. Each term, participants will be assessed on the skills they have learnt and move up through the GymStar levels. The skills your child will develop through our GymStar program will be useful in many other sports and areas of life beyond gymnastics!

Our Gymstar program is perfect for kids who want to start their gymnastics journey as well as those who just want to have fun, stay active and learn something new!

PCYC runs a number of specialist gymnastics classes and courses as the largest provider of Gymnastics in the state, and is accredited with Gymnastics Australia.

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There are 4 levels:

G – Introduction to Gymnastics Foundation Skills

Y – Learning Gymnastics Foundation Skills

M – Building on Gymnastics Skills

STAR– Developing more complex Gymnastics Skills

PCYC Young

6382 5392

young@pcycnsw.org.au