



GYMNASTICS

REGISTRATION FORM 2022

Term 2

Students Name:	DOB:
Parent/Guardian/Emergency contact details	
Name:	Address:
Phone:	Email:
Signature:	
Is there any medical details/information we need to know about? (Allergies, injuries, medical conditions)	

Please circle which level/class you will be attending:

MONDAY	WEDNESDAY	THURSDAY
Recreational Gymnastics 5 – 8 yrs 4pm – 5pm	Recreational Gymnastics 5 – 8 yrs 4pm – 5pm	Parkour 4pm-5pm
Recreational Gymnastics 9 - 13 yrs 5pm – 6pm	Recreational Gymnastics 9 – 13 yrs 5pm – 6pm	Gymnastics Advanced 5pm-6.30pm
Gymnastics Advanced 4pm – 6pm	Gymnastics Advanced 4pm – 6pm	

Cost: Recreational & Parkour are \$140 per term.

Gymnastics Advanced Class is \$210 per term.

Cost must be paid up front. Active Kids Vouchers are accepted for Gymnastics. Creative Kids vouchers are accepted for Parkour

DATE:	PAID : CASH /CARD /VOUCHER	STAFF:
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All precautions will be taken to prevent accidents, however, these activities are dangerous sports. Participants take part at their own risk.

Recreational Gymnastics

Gymnastics develops physical skills of balance, coordination, flexibility and strength, as well as building self-esteem and confidence in a safe and fun environment.

Children are grouped by age and ability and progress through our skills based stages. Despite not being a competitive program we take our gymnastics very seriously and ensure the children are learning correct techniques with proper gymnastics "shaping". That said, we are also very serious about having fun!

Each class begins with a games-based warm up, including a focus on shapes/strength and flexibility. The class then rotates through a variety of apparatus to learn skill based exercises.

Recreational gymnastics can provide pathways to Development and Competitive gymnastics, as well as foundation skills for other sports!

Gymnastics Advanced

We offer competition gymnastics classes for kids and teenagers who have a background in gymnastics and are interested in taking their skills to a competitive level.

By joining a competition gymnastics class, your child will learn the critical skills they need to perform against other gymnasts and in front of judges. Even if your child is already well-versed in the fundamentals of gymnastics, learning how to compete against others requires a different way of thinking.

Your child will polish their existing gymnastics abilities and learn how to incorporate them into a routine that will impress competition judges. They will also have the opportunity to train on different apparatuses and figure out where their strengths are.

PCYC Young

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