

Weekly Activities Term 1

Come join the fun!

To attend, you must have a current PCYC Membership. You can purchase a membership on our website prior to attending.

Scan the QR code to find out more info or go to:

<https://www.pycnsw.org.au/wagga-wagga>

BOOK NOW



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Badminton						10am	
Basketball (USER)	Aussie hoops (4:30pm), Senior Comp (6.30pm)	Junior Comp (4:30pm)	Senior Comp (6:30pm)		Junior Comp (6:30pm)		Basketball basics (11am)
Birthday Parties						9-11am, 11-1pm, 1:30- 3:00pm	9-11am, 11am-1pm
Competitions				Volleyball (6pm)			
Dance	0.5-5yo (9:45am), 5-9yo (4pm), 9-12yo (4.45pm)				Cheerleading (4pm)		
Group Fitness	6:15am	6:15am	Boxfit (6pm)		6:15am		
Gymnastics (GymStar)	5-10yo (5pm)		5-8yo (4pm)			6-12yo (11:30am)	
Gymnastics (JuniorGym)				3.5-5yo (10:30am)			
Gymnastics (KinderGym)	2-5yo (4:15pm)			1.5-3yo (9:30am)		2-5yo (10:45am)	
Martial Arts	Karate (6pm)	Jiu-Jitsu (6pm)	Boxing 13-15yo (5pm), Boxfit 16+ (6pm)	Boxing 5-8yo (5pm), Boxing 9-12 (6pm)			Jiu-Jitsu (11am)
Pickleball	10am	10am	10am & 6pm	10am	10am	10am	
Programs			Fit for Life (7am)	U-NITES (3pm)			
Train 2 play				4:30pm			
Venue Users	Seniors resistance (9:30am)		Small Stars (9am), Seniors resist (6pm)	Small Stars (9am)	Small Stars (9am)	Small Stars (8am), Seniors resist (9:30am)	Small Stars (8am)
Yoga			Gentle Yoga (10:30)				

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