

# PCYC Southern Highlands



## **Netball – Adults**

### **Information Pack for:**

**All Aged Women's (16 + years old)**

**Netball: Wednesdays 6pm – 9pm**  
**@ Tahmoor Sports Ground**

**Thank you and Welcome to**  
**PCYC Southern Highlands competitions**

## **HOW TO REGISTER**

- Team Delegate to fill out team nomination form and hand in/emailed to PCYC Southern Highlands  
PLEASE NOTE THAT NO FIXTURES WILL BE ALLOCATED UNTIL THE MINIMUM NUMBER OF PLAYERS  
REQUIRED HAVE REGISTERED

Team registration including ALL player details must be completed upon registration. PCYC Southern Highlands will not roll over registrations from previous seasons. Only players who appear on the team sheet will be eligible to play. Team delegates are responsible for updating player details and adding or removing players from team lists during season.

## **PLAYER FEES**

Player Fees are payable by the start of the competition. Breakdown:

- i. Each player must register individually. Player fee is \$250 + 5% surcharge
- ii. **There must be a minimum of 9 players registered per team**, players are allowed to be borrowed for games.
- iii. Price includes Match fees & Individual Player Registration fees
- iv. Upon registration players commit to the code of conduct outlined in this package.
- v. **ACTIVE KIDS VOUCHERS CAN BE APPLIED THROUGH SPORTS FIX PAYEMENT PROCESS**

## **COMPETITION DETAILS & REQUIREMENTS**

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### **TEAM DELEGATE**

The nominated team delegates are responsible to pass on all correspondence to their team members and to register the team online. In the event of a forfeit or any other correspondence, the team delegates will be contacted by PCYC.

### **SIGN ON**

- All players must 'sign on' on the score sheet **before** taking the court.
- A minimum of 5 registered members of the team **MUST** sign on before the game can start.
- Sub/borrowed players must also print and sign their names on the sign in sheet.

### **GAME DURATION**

- 65 minutes – 4 x 12 minute quarters, 4 minute breaks between the 1<sup>st</sup> / 2<sup>nd</sup> quarter + 3<sup>rd</sup> / 4<sup>th</sup> quarter, 4 minute halftime and a 5 minute transition period for the next match.

### **BORROWED PLAYERS**

- Each team must have a minimum of five (5) registered players to take the court. If your team is down to this A team may borrow registered players under the following circumstances:

- If a team can't field enough players then players are allowed to be borrowed during games.

#### FORFEITS

- There will be no refunds for team fees paid when your team misses a game due to a forfeit. PCYC will do it's best to arrange a friendly game for teams forfeited against, however, please note this is not always possible.
- Forfeits require as much notice as possible and MUST be made over the phone or in person with a 48 hour notice.
- Four registered players from your team are required to take the court to avoid a forfeit.

#### CONDITIONS OF ENTRY

- You are required to participate in a sportsmanlike manner, with respect for the umpire and opposition at all times
- Conduct yourself in a responsible manner relating to language, temper and punctuality. Do not use profane language at any time.
- At no time can a player abuse, insult or criticise any umpire, opponent or staff member
- Staff and officials reserve the right to remove any player/s not abiding by these conditions
- At no time will person/s on the sideline (ie supporters, players on the bench) address the umpire or player/s in an unsportsmanlike manner – anyone seen to be abusing players and/or officials on court will be asked to leave the premises immediately.
- Abide by the rules and respect the decision of the umpires. Be courteous and use the correct process when seeking a rule clarification.

#### RESULTS & FIXTURES

PCYC Southern Highlands competitions use SportFix to log all competition results, ladder and game times. Free download: <https://sportfix.net/mobile.aspx?1270>.



#### STANDINGS – COMPETITION POINTS

Win = 3points      Draw/BYE = 2 points      Loss = 1 point      Forfeit (Giving) = 0 point

#### UNIFORMS

- PCYC Southern Highlands / Wollondilly Netball Association can provide bibs when required



- Each player must be wearing suitable footwear to take the court- this means no sandals or other footwear that may be considered dangerous.
- Fingernails are to satisfaction of the umpire
- All jewellery should be removed

## **RULES**

Australia Netball Association Rules are played and adhered to by the accredited Umpires officiating. Any questions or concerns about rules can be discussed with the umpire at the time or emailed following the complaint process listed.

## **INJURIES**

The player or team involved at the time of the incident, or immediately following the game must report all injuries. If injuries are not reported within 24 hours, PCYC will not be held liable.

### **BLOOD RULE** (as per Rules of Netball – Netball Australia)

All blood stoppages will be 30 seconds, and the injured player must come off the court. If there is blood on bibs and/or clothing, it must be removed and replaced for safety and hygiene.

## **COMPLAINTS / CHALLENGES PROCEDURE**

Teams wishing to lodge a complaint must do so in writing via email. We request this is done within 3 working days. Any challenges made by a team towards another team or player must be done through the competition staff as soon as possible; preferably during breaks or at the end of the game.

## **WARNINGS/SUSPENSIONS**

In the event of three (3) accumulated warnings, suspension awarded at the discretion of PCYC management. Suspensions can apply for all on/off court incidents at PCYC; *you* are responsible for your own actions and behaviour at all times. Team Delegates will be notified on the final decision via email. Suspensions are determined by Management and are final.

## **PREGNANCY**

Player plays at own risk. We recommend participants seek guidance from their GP.

## **FURTHER INFORMATION**

For any further information please contact PCYC Southern Highlands.



**TEAM NOMINATION FORM (Team Delegate must Print, Fill in then Hand in)**

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A large, semi-transparent watermark logo is centered on the page. It features a red banner at the top that reads "CELEBRATING 80 YEARS" with "1937" on the left and "2017" on the right. Below the banner is a blue circular emblem containing a red star. The star has the letters "PCYC" in white. Around the star, the words "RESPECT", "COMMITMENT", "RESILIENCE", "INTEGRITY", and "CITIZENSHIP" are written in white. The background of the emblem is blue with white lines.

All players agree in entering the competition to abide by Centre's code of conduct, policies and procedures and to follow these at all times. Failure to do so may result in termination from the competition.

As Team Delegate I understand the Centre's Sports Competition policies and procedures and have forwarded this pack to each player/or parent in my team for their information.

I also understand that acceptance of this team into a competition is conditional upon the following criteria:

- Outstanding fee's, either a teams or individuals must be paid prior to entry of a new competition
- Unacceptable behavior will not be accepted by any person and may result in ejection from competition
- Centre management reserves the right to grade a team to an appropriate division at any stage of the competition.
- Compliance with PCYC Southern Highlands rules and regulations.

Team Captain Sign.....