



## PCYC QUEANBEYAN JANUARY SCHOOL HOLIDAY ACTIVITIES

During the Dec/Jan School Holiday period PCYC Queanbeyan will be running 5 weeks' worth of activities for children aged 5 - 12 years.

**December:** 20<sup>th</sup> – 23<sup>rd</sup>. **January:** Week 1: Jan 3<sup>rd</sup> – 6<sup>th</sup> Week 2: 9<sup>th</sup> – 13<sup>th</sup> , Week 3: 16<sup>th</sup>- 20<sup>th</sup> Week 4: 23<sup>rd</sup> – 25<sup>th</sup>

Cost Per Child	Sign In	Sign Out
FULL DAY ACTIVITIES \$60.00 per Day OR \$35.00 for HALF DAY FULL DAY GYMNASTICS CLINIC \$75.00 per Day FULL DAY GYMNASTICS CLINIC \$200 for 3 Days FULL DAY GYMNASTICS CLINIC \$375 for 6 Days	8:30am – 9am	4pm - 4:30pm
<p><b>What to wear for Activity Days: Sleeved shirt, shorts/tights, enclosed shoes with socks.</b></p> <p><b>What to wear for Gymnastics Days: Tight fitting clothing, slip on shoes, no hats, no jewellery</b></p> <p>Please note that some activities may be messy. Feel free to pack art smock or extra clothes.</p>	<p>What to bring: a labelled bag to hold belongings, hat, water bottle, snacks &amp; lunch.</p> <p>Medication: Please see terms and Conditions.</p> <p style="color: red;"><b>Kids will not be allowed to play outside if they do not have a hat! Sunscreen will be provided by the club.</b></p>	

Please complete the form below:

First Name	Last Name	D.O.B.	PCYC Number: Your child must be a Member of PCYC, please visit <a href="https://www.pycnsw.org.au/queanbeyan">https://www.pycnsw.org.au/queanbeyan</a>	Medical Conditions/Special Needs
1.				
2.				
3.				
4.				

Emergency Contact Details of Parent / Guardian:

Full Name		Relationship	
Contact Number		Email	

Using a Creative Kids Voucher? Please complete the table below.

Full Name (include middle name)	D.O.B.	Creative Kids	Voucher Number
1.			
2.			
3.			
4.			

## December 2022

*To enrol please place your child's number (1, 2, 3, 4) in the selection box.*

<u>One Week Only</u>	<u>Activities (9am – 4:00pm)</u>				<u>Selection</u>
Mon 19/12	CLOSED				
Tues 20/12	Obstacle Course Challenges	Lazer Tag	Outdoor Activities/Park	Mind Challenges	
Tues 20/12	FULL DAY GYMNASTICS CLINIC **				
Wed 21/12	Ice Breaker Games	Lazer Tag	Ball Skills	Arts and Crafts	
Wed 21/12	FULL DAY GYMNASTICS CLINIC **				
Thurs 22/12	Obstacle Course Challenges	Nerf Battles	Outdoor Activities/Park	Arts and Crafts	
Fri 23/12	Olympic Team Challenges	Olympic Team Finals	Ball Skills	Mind Challenges	
Fri 23/12	FULL DAY GYMNASTICS CLINIC **				
				Total	

## Week 1 - January 2023

<u>Week 1</u>	<u>Activities (9am – 4:00pm)</u>				<u>Selection</u>
Mon 2/1	Closed – New Year’s Day Public Holiday				
Tues 3/1	Ice Breaker Games	Lazer Tag	Outdoor Activities/Park	Mind Challenges	
Tues 3/1	FULL DAY GYMNASTICS CLINIC **				
Wed 4/1	Olympic Team Challenges	Olympic Team Finals	Nerf Battles	Arts and Crafts	
Wed 4/1	FULL DAY GYMNASTICS CLINIC **				
Thurs 5/1	Ice Breaker Games	Lazer Tag	Outdoor Activities/Park	Arts and Crafts	
Fri 6/1	Obstacle Course Challenges	Nerf Battles	Ball Skills	Mind Challenges	
Fri 6/1	FULL DAY GYMNASTICS CLINIC **				
				Total	

## Week 2 - January

*To enrol please place your child’s number (1, 2, 3, 4) in the selection box.*

<u>Week 2</u>	<u>Activities (9am – 4:00pm)</u>				<u>Selection</u>
Mon 9/1	Obstacle Course Challenges	Lazer Tag	Ball Skills	Arts and Crafts	
Mon 9/1	FULL DAY GYMNASTICS CLINIC **				
Tues 10/1	Olympic Team Challenges	Olympic Team Finals	Mind Challenges	Arts and Crafts	
Wed 11/1	Lazer Tag	Obstacle Course Challenges	Ball Skills	Arts and Crafts	
Wed 11/1	FULL DAY GYMNASTICS CLINIC **				
Thurs 12/1	Olympic Team Challenges	Olympic team Finals	Outdoor Activities/Park	Arts and Crafts	
Fri 13/1	Ice Breaker Games	Nerf Battles	Outdoor Activities/Park	Mind Challenges	
Fri 13/1	FULL DAY GYMNASTICS CLINIC **				
				Total	

## Week 3 - January

<i>To enrol please place your child's number (1, 2, 3, 4) in the selection box.</i>					
<u>Week 3</u>	<u>Activities (9am – 4:00pm)</u>				<u>Selection</u>
Mon 16/1	Ice Breaker Games	Interactive Games	Ball Skills	Arts and Crafts	
Mon 16/1	FULL DAY GYMNASTICS CLINIC **				
Tues 17/1	Olympic Team Challenges	Olympic Team Finals	Interactive Games	Mind Challenges	
Wed 18/1	Obstacle Course Challenges	Nerf Battles	Outdoor Activities/Park	Arts and Crafts	
Wed 18/1	FULL DAY GYMNASTICS CLINIC **				
Thurs 19/1	Olympic Team Challenges	Olympic Team Finals	Outdoor Activities/Park	Arts and Crafts	
Fri 20/1	Ice Breaker Games	Ball Skills	Obstacle Course Challenges	Mind Challenges	
Fri 20/1	FULL DAY GYMNASTICS CLINIC **				
				Total	

## Week 4 - January

<i>To enrol please place your child's number (1, 2, 3, 4) in the selection box.</i>					
<u>Week 4</u>	<u>Activities (9am – 4:00pm)</u>				<u>Selection</u>
Mon 23/1	Ice Breaker Games	Ball Skills	Outdoor Activities/Park	Mind Challenges	
Mon 23/1	FULL DAY GYMNASTICS CLINIC **				
Tues 24/1	Olympic Team Challenges	Olympic Team Finals	Outdoor Activities/Park	Arts and Crafts	
Wed 25/1	Obstacle Course Challenges	Nerf Battles	Mind Challenges	Arts and Crafts	
Wed 25/1	FULL DAY GYMNASTICS CLINIC **				
Thurs 26/1	Closed – Australia Day Public Holiday				
Fri 27/1	Closed				
				Total	

**PLEASE TICK EACH BOX - I acknowledge and agree:**

- There is an annual **\$15 PCYC membership fee** for my child to participate in the school holiday program
- DROP OFF: 8:30am – 9am PICK UP: 4pm - 4:30pm (Children MUST be picked up by this time)**
- I agree to the school holiday activity fee, and I understand that it is to be paid in full when booking to secure a spot
- I accept full responsibility for my child/ren's personal belongings
- PCYC Queanbeyan is authorised to obtain medical assistance required in the event of any unforeseen accident or illness and I agree to meet any expenses attached hereto
- I accept full responsibility for my child/ren's behaviour during the program and in the event of misbehaviour I will be contacted and asked to collect my child/ren
- I, the undersigned, agree that neither the PCYC nor its partners are liable for any losses, damage and/or injury occurred and / or sustained by my child/ren in attending the School Holiday Program
- I understand that if my child needs to have prescribed medication administered that it must be handed to the staff in the morning in a bag marked with the child's name and must be in its original package, marked with the child's details. Please see terms and conditions.
- I, the parent/guardian, have read and agree to the attached Essential Information and agree to terms**

I \_\_\_\_\_ declare that I understand and agree to the indemnity statement acknowledgements and terms and conditions of school holiday clinics at PCYC Queanbeyan. I have read and understood the terms and conditions.

\_\_\_\_\_  
**Sign**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Staff member**

This program is supported by the  
Australian Government



**Mind Challenges:** – series of games and activities including board games, puzzles, domino challenges, card games, mindful colouring in, charades

**Olympic Team Challenges:** Series of team challenges and finals competition to help promote a sense of belonging, confidence and friendship building.

**Obstacle Course Challenges:** series of activities in an obstacle for children to work through, helping to promote self-confidence and fitness development.

**Ball skills:** Soccer drills, netball drills, hand-eye coordination skills, coordination skill development

**Ice Breaker Games:** Games which support and encourage self-identity and confidence including fun interactive activities

**Interactive Games:** Traditional games like netball, futsal, dodgeball, hockey and cricket.

**Outdoor Activities/Park:** Weather permitting the children will be taken to the nearby oval and park for some outdoor activity. Sun hats and sunscreen mandatory.

**\*\* The Full Day Gymnastics Clinic is for children who have a particular interest in Gymnastics and would prefer to complete a full day of Gymnastic related activities rather than the scheduled program of activities for the Monday, Wednesday & Friday**

**Gymnastics Clinics include but are not limited to:**

- ✓ **Gymnastics Circuits**
- ✓ **Games**
- ✓ **Fun Competitions; and**
- ✓ **Arts & Crafts**

**Please wear slip on shoes for the day which makes it easier and quicker to slip on and off.**

**SCHOOL HOLIDAY ACTIVITY PAYMENT ONLY:**

Office Use only:			
Total paid:	Date:	Receipt #:	Staff:
Payment method:	CASH	CARD	CKR FAMILY CREDIT

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PAYMENT DETAILS (required if booking via email)			
Please Circle:	FAMILY CREDIT	VISA	CREATIVE KIDS MASTERCARD
CARD #:			
Name on Card:	Signature:		
Expiry:	CCV#:		

## PLEASE DETACH THIS PAGE AND KEEP IT FOR YOUR OWN REFERENCE

### Terms and Conditions:

- Please return the enclosed enrolment form to the PCYC Queanbeyan as soon as possible. Places are limited and will book out
- Enrolment will only be confirmed upon full receipt of payment and completion of booking forms
- All booking forms must be completed in full to be accepted. They can be emailed to [queanbeyan@pcycnsw.org.au](mailto:queanbeyan@pcycnsw.org.au) or brought to the club
- All participants must be PCYC members to attend PCYC programs – junior membership is \$15.00
- Once a program is fully booked a participant cannot swap programs
- Credits will only be provided for participants with a medical certificate
- Credits / Refunds will not be given for a change of mind. Refunds will only be issued in extreme circumstances
- Refunds / Credits for activities are not available for bookings paid by Creative Kids
- Primary / High school children, minimum 5 years old in kindergarten and maximum age is 12 years old

### **Program Times:**

- Children must be signed in and out of all programs by a parent / caregiver. **Sign in 8:30am – 9:00am and sign out NO LATER THAN 4:30pm. Charges will apply for late pick up**
- Children 10+ can sign themselves out but must have a letter signed by their parent each day and will be dismissed at 4pm
- Day activities officially start at 9:00am and finish at 4:00pm
- **ALL CHILDREN MUST BE COLLECTED BY 4:30PM AT THE LATEST**

### **Groups and rotations:**

- Maximum capacity is based off the number of activities booked in and the coaches available
- Children will rotate between the 4 activities and have a break for recess/lunch
- Groups are split by the Activities Coordinator prior to the day. This list is not subject to change
- Groups are split oldest to youngest; we do not guarantee kids to be in the same group

### **Inappropriate Behaviour:**

- Rules are established for the safety and well-being of all participants. Disregarding rules may result in exclusion from the program following consultation with program staff and parents / guardians
- If a participant displays inappropriate behaviour, staff will speak to the participant about the rules and positively reinforce alternative behaviour. If no improvement is seen the participant will be given time out
- If a participant physically harms another child or staff, time out will be given, and the parent / guardian contacted
- For other serious incidents the participant's parent / guardian will be contacted and required to collect their child from the facilities

### **What to bring:**

- Drinks, lunch, snacks, and food for the whole day
- Water bottle
- Enclosed shoes with rubber sole for sports. Socks to be worn for all activities run
- Warm clothes suitable for Winter
- Sleeved t shirts, shorts / pants and a hat – some activities will take place outside (wear sunscreen)
- Children wearing open toed shoes to sports or skirts/dresses will not be allowed to participate in some activities and a credit/refund will not be provided
- Please clearly label ALL items brought to the Police Citizens Youth Club. PCYC takes no responsibility for lost property. Families are advised not to bring valuables to the club, and to label all personal belongings
- Medication. Please see below.

### **Medications and Extra assistance**

- Parents are required to inform the club of any medical conditions their child has when enrolling. Parents are requested to explain known triggers, symptoms and management strategies when dropping off their child to help staff recognise and treat the condition
- Please advise the centre of any special requirements. Medication can only be administered by staff with written permission. PCYC NSW staff can only administer medications that are in the original packaging with original pharmacy label, or a script signed by a medical professional. We cannot administer medication without this information
- Children with special needs who require extra assistance must have a parent / caregiver present

**BOOKING IS NOT CONFIRMED UNTIL YOU HAVE RECEIVED AN EMAIL CONFIRMATION FROM PCYC QUEANBEYAN. PLEASE ENSURE YOUR EMAIL ADDRESS ON THIS FORM IS CORRECT.**