

FREEPLAY	For 6 months -3 year olds who want to explore through play in a non-structured class environment. Parent or caregiver participation is a must. Guided by an accredited coach.		
DAY	TIME	AGE	COST
TUESDAY	10:15am – 10:45am	6 Months – 3 Years	\$100 per term \$15 casual class

KINDERGYM	For toddlers to preschoolers, with specific programs focused on developing physical literacy, cognitive growth, social interaction and coordination. Parent or caregiver participation is a must and is led by an accredited coach.		
DAY	TIME	AGE	COST
MONDAY	10:30am – 11:15am	1.5 – 5 Years	\$190 per term
TUESDAY FRIDAY	9:30am – 10:15am		
SATURDAY	9:00am – 9:45am 10:00am – 10:45am		

JUNIOR GYM	For 4-5 year olds who want a structured class, setting the foundation to transition from KinderGym to GymStar. Parent or caregiver assistance is not required in this class and is led by an accredited coach.		
DAY	TIME	AGE	COST
TUESDAY	3:00pm – 3:50pm	4 – 5 Years	\$190 per term
SATURDAY	9:30am – 10:30am		

ADULT GYMNASTICS	Whether you're an ex gymnast, a complete beginner or interested in trying out our ninja course, this class is for all Adults 18+ who want to use this fantastic facility. This class is guided by fully qualified coaches who love to teach new skills.		
DAY	TIME	AGE	COST
TUESDAY	7:00pm – 8:30pm	18 Years +	\$190 per term \$25 casual class

GYM-STAR	Our GymStar Recreational gymnastics program develops balance, coordination, strength and flexibility using a wide range of equipment including beams, bars, trampolines and rings in a safe environment. This class aims to provide each child with the foundation skills required for gymnastics.		
DAY	TIME	AGE	COST
MONDAY – FRIDAY	4:00pm – 5:00pm	5 – 12 Years	\$190 per term
	5:00pm – 6:00pm		
SATURDAY	9:00am – 10:00am 10:00am – 11:00am		

GYM-STAR EXTENDED	GymStar Extended provides GymStar kids an opportunity to spend an extra half hour to work on specific skills and build on their strength and flexibility. This class aims to provide a transition for gymnasts wishing to move into competitive programs in the future.		
DAY	TIME	AGE	COST
MONDAY – FRIDAY	5:00pm – 6:30pm	5 – 12 Years	\$255 per term
SATURDAY	10:00am – 11:30am		

FREE G NINJA WARRIOR	Free G gets your body moving in ways you never thought possible. It will get your heart racing and develop a heightened sense of spatial awareness that can be put to use in a variety of sports. Intermediate classes are by invitation only.		
GROUP	DAY	TIME	COST
Beginner (5-12 years)	TUESDAY	4:00pm – 5:00pm 5:00pm – 6:00pm	\$190 per term
	WEDNESDAY	4:30pm – 5:30pm 5:30pm – 6:30pm	

AFFILIATION AND INSURANCE WITH GYMNASTICS AUSTRALIA IS REQUIRED FOR ALL GYMNASTICS CLASSES \$45/TERM 4
ALL FEES ARE BASED ON A 10 WEEK TERM AND AUTOMATICALLY ADJUSTED FOR 9 OR 11 WEEK TERMS
ALL PARTICIPANTS MUST BE CURRENT PCYC MEMBERS \$15/12 MONTHS