

SUSPENSION GUIDE

Offence	Suspension Period
1. Disputing decisions of a referee	1 week
2. Red card/Ejection	2 weeks
3. Using offensive, insulting, abusive language	2 weeks
4. Use of excessive force in a challenge/contest for the ball	2 weeks
5. Participating in the game whilst under suspension	4 weeks + suspension
6. Conduct that endangers the safety of an opponent or has potential to cause injury	4 weeks
7. Use of offensive language	4 weeks
8. Obscene language and/or Gestures (which may include abusive or insulting language or language that vilifies – comments regarding race, sexuality or religion)	8 weeks
9. Fighting	12 months
10. Threatening an official/Staff member/participant/spectator	12 months