



PCYC PENRITH GYMNASTIC HOLIDAY CAMP

During the Spring School Holiday period, PCYC Penrith will be running 5 days' worth of Gymnastic activities for children aged 7+ years.

This camp is suitable for all children with previous gymnastics/dance experience (must be able to perform a forward roll, backward roll, handstand & Cartwheel)

This camp will focus on fun, fitness, developing new skills & perfecting old ones!

Week 1: 10 th & 12 th of January 2023	Week 2: 17 th & 19 th of January 2023	
Week 3: 24 th of January 2023		
Cost Per Child	Sign In	Sign Out
FULL DAY ACTIVITIES \$50.00 per day	9am *Drop off from 8:30am*	4pm (late pick up fee of \$10 will be applied for children not picked up by this time)
What to wear: sleeved shirt, shorts/tights, enclosed shoes with socks.	What to bring: a labelled bag to hold belongings, water bottle, recess & lunch.	

Please complete the form below:

First Name	Last Name	D.O.B.	PCYC Number (on card)	Medical Conditions/Special Needs/ Allergies
1.				
2.				
3.				
4.				

Emergency Contact Details of Parent / Guardian:

Full Name	Relationship
Contact Number	Date Of Birth
Email	
Address	

How did you hear about us?

Facebook School Website Friend other

Using a Creative Kids Voucher? Please complete the table below.

Full Name (include middle name)	D.O.B.	Voucher Number
1.		
2.		
3.		
4.		

To enrol please place your child's number (1,2,3,4) in the selection box

Week 1	Activities (9am to 4pm)	Selection
Tues	ALL ABOUT FLOOR: Building competency on a variety of floor skills from leaps, jumps, turns to cartwheels, walkovers and limbers. Children will also learn to choreograph a routine in small groups.	
Thurs	ALL ABOUT FLOOR: Building competency on a variety of floor skills from leaps, jumps, turns to cartwheels, walkovers and limbers. Children will also learn to choreograph a routine in small groups.	
		Total

To enrol please place your child's number (1,2,3,4) in the selection box

Week 2	Activities (9am to 4pm)	Selection
Tues	BOUNCING, BALANCING & ACRO FUN: Developing skills utilising our mini trampolines, air track and springboards. Followed by beam work, where children will work on skills and simplified routines. Finally, children will be learning different partner and trio.	
Thurs	BOUNCING, BALANCING & ACRO FUN: Developing skills utilising our mini trampolines, air track and springboards. Followed by beam work, where children will work on skills and simplified routines. Finally, children will be learning different partner and trio.	
		Total

To enrol please place your child's number (1,2,3,4) in the selection box

Week	Activities (9am to 4pm)	Selection
Tues 3	SWINGING THROUGH THE FINAL WEEK OF HOLIDAYS ON BARS: Children will learn a variety of drills to help develop bar skills. By the end of the day, children will have an understanding of different swings, pullovers, casts and back-hip circles.	
		Total

PAYMENT DETAILS (required if booking via email)

Please Circle:	FAMILY CREDIT	VISA	CREATIVE KIDS	MASTERCARD
CARD #:				
Name on Card:			Signature:	
Expiry:			CVC#:	

Note: Staff please dispose of these details once the booking has been processed.



PCYC PENRITH WINTER HOLIDAY ACTIVITIES

PLEASE TICK EACH BOX - I acknowledge and agree:

- There is an annual **\$15 PCYC membership fee** for my child to participate in the school holiday program
- DROP OFF: 9am PICK UP: 3.30-4pm (Children MUST be picked up no later than 4pm)**
- I understand that if my child is picked up after **4pm** a \$10 late pick up fee will be charged.
- I agree to the school holiday activity fee and I understand that it is to be paid in full when booking to secure a spot.
- I accept full responsibility for my child/ren's personal belongings.
- PCYC Penrith is authorised to obtain medical assistance required in the event of any unforeseen accident or illness and I agree to meet any expenses attached hereto.
- I accept full responsibility for my child/ren's behaviour during the program and in the event of misbehaviour; I will be contacted and asked to collect my child/ren.
- I, the undersigned, agree that neither the PCYC nor its partners are liable for any losses, damage and/or injury occurred and/or sustained by my child/ren in attending the School Holiday Program.
- I, the parent/guardian, have read and agree to the attached Essential Information and agree to terms and conditions outlined.**

I _____ declare that I understand and agree to the indemnity statement acknowledgements, terms, and conditions of school holiday activities at PCYC Penrith. I have read and understood the terms and conditions.

_____ Sign

_____ Date

_____ Staff member

SCHOOL HOLIDAY ACTIVITY PAYMENT ONLY:

Office Use only:			
Total paid:	Date:	Receipt #:	Staff:
Payment method:	CASH	CARD	CKR

BOOKING IS NOT CONFIRMED UNTIL YOU HAVE RECEIVED AN EMAIL CONFIRMATION FROM PCYC PENRITH. PLEASE ENSURE YOUR EMAIL ADDRESS ON THIS FORM IS CORRECT.



Terms and Conditions:

- Please return the enclosed enrolment form to the PCYC Penrith as soon as possible. Places are limited and will book out.
- Forms can be submitted by either handing them into the club, or **emailing them to penrith@pcycnsw.org.au**
- Enrolment will only be confirmed upon full receipt of payment and completion of booking forms.
- All booking forms must be completed in full in order to be accepted.
- \$40.00 per child per day or 3 days for \$100.00 per child.
- \$55 per child per day for Games 2 U days and \$55 the Reptiles On The Go Day or 2 of these days for \$100 per child
- To receive the offer of 3 days for \$100.00 or 2 Games 2 U days or Reptiles on the Go Day for \$100, the programs **MUST** be booked and paid for in one transaction.
- All participants must be PCYC members to attend PCYC programs – junior membership \$15.00
- Once a program is fully booked a participant cannot swap programs.
- Credits will only be provided for participants with a medical certificate.
- Credits / Refunds will not be given for a change of mind. Refunds will only be issued in extreme circumstances.
- Refunds/Credits for activities are not available for bookings paid by Creative Kids.
- Primary school aged children, minimum 5 years old in kindergarten (before end of May) and maximum age is 12 years old.

Program Times:

- Children must be signed in and out of all programs by a parent/caregiver. Sign in from 8:30am/9am and sign out at 3.30pm-4pm. Late fee of \$10 will be charged if participant is picked up after 4pm.
- Program officially starts at 9:00am and finishes at 4pm.

Groups and rotations:

- Maximum capacity is based off the amount of activities booked in and the coaches available.
- Children will rotate between the 4 activities and have a break for recess/Lunch

Inappropriate Behaviour:

- Rules are established for the safety and well-being of all participants. Disregarding rules may result in exclusion from the program following consultation with program staff and parents/guardians.
- If a participant displays inappropriate behaviour, staff will speak to the participant about the rules and positively reinforce alternative behaviour. If no improvement is seen the participant will be given time out.
- If a participant physically harms another child or staff, time out will be given and the parent/guardian contacted.
- For other serious incidents the participant's parent/guardian will be contacted and required to collect their child from the facilities.
- We ask that **NO** student brings phone. If seen using one, we will confiscate for the entirety of the day.

What to bring:

- Drinks, lunch, snacks and food for the whole day
- Water bottle
- **Enclosed shoes with rubber sole** for sports and socks for gymnastics
- Sleeved t-shirts, shorts/pants.
- Children wearing **open toed shoes to sports or skirts/dresses to gymnastics will not be allowed to participate** in activities and a credit/refund will not be provided.
- Please clearly label ALL items brought to the Police Citizens Youth Club. PCYC takes no responsibility for lost property. Families are advised not to bring valuables to the club, and to label all personal belongings.

What not to bring:

- No mobile phone / electronic devices.
- If, for safety, reasons your child needs to have their phone with them this will need to be put in writing.

Medication / Allergies /Special Needs:

- Parents are required to inform the club of any medical conditions their child has when enrolling. Parents are requested to explain known triggers, symptoms and management strategies when dropping off their child to help staff recognise and treat the condition.
- Please advise the centre of any special requirements. Staff can only administer medication with written permission including signatures from parents/guardians. (Provide an action plan)
- Children with special needs who require extra assistance must have a parent/caregiver present.