

# CLASSES TIMETABLE



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00am						Gymstar G & Y
9:00am						Lil Ninjas
10:00am		Kindi Gym			Kindi Gym	Kindi Gym
11:00am					Junior Gym	
3:30pm						Gymstar M & Star Women's Artistic Gymnastics 1 & 2
4:00pm	Lil Ninjas Junior Boxing	HOCKEY MUSIC Gymstar G & Y	After School basketball skills Junior Boxing	After School Multi-sport Gymstar G & Y	Ability Gymnastics Gymstar G & Y Junior Boxing	
5:00pm	Youth Boxing Gymstar G & Y Gymstar M & Star	Women's Artistic Gymnastics 3 & 4	Youth Boxing Art & Craft	Lil Ninjas Women's Artistic Gymnastics 3 & 4	Youth Boxing Gymstar M & Star	
6:00pm	Junior Judo Gymstar M & Star				TeamGym Junior Judo	

All PCYC users need to hold a valid PCYC Membership. Memberships can be purchased online or in the club. Annual fee is \$25 for Adults and \$10 for Juniors.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30am		<b>BOXFit</b>			<b>BOXFit</b>
10:00am		Living longer living stronger		Living longer living stronger	
5:30pm		<b>Amateur Boxing</b>		<b>Amateur Boxing</b>	
5:45pm	<b>BOXFit</b>		<b>BOXFit</b>		<b>BOXFit</b>
6:00pm			<b>Gym Induction</b>		
6:30pm		<b>Sparring Boxing</b>		<b>Sparring Boxing</b>	
7:00pm	Senior Judo				Senior Judo
	<b>Classical Japanese Swordsmanship</b>				<b>Adult Gym</b>

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