

Weekly Activities at PCYC Parramatta

For more information about each activity, please contact reception

BOOK NOW



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11:00am - 12:00pm						TAEKWONDO BEGINNERS Ages 5-13	
12:00pm - 1:00pm						TAEKWONDO ADVANCED Ages 5-13	
12:00pm - 2:30pm						KICKBOXING Ages 14+ adult	
1:00pm - 2:00pm							
4:00pm - 4:45pm	KIDS BOXING Ages 7-13		KIDS BOXING Ages 7-13				
4:00pm - 5:00pm		SOCCER Ages 5-13		BALLET Ages 4-6 \$150/term	ART AND CRAFTS Ages 5-13		
4:00pm - 5:00pm					HIP HOP DANCING Ages 5-13		
5:00pm - 5:45pm	TEEN GYM Ages 14+		TEEN GYM Ages 14+ adult				
5:00pm - 6:00pm	TAEKWONDO BEGINNERS Ages 5-13	TAEKWONDO BEGINNERS Ages 5-13	TAEKWONDO BEGINNERS Ages 5-13				
5:00pm - 6:30pm			BOXING FIGHT TEAM Ages 13+ yrs Sparring				
6:30pm - 7:30pm							
6:00pm - 7:00pm	TAEKWONDO ADVANCED Ages 5-13	TAEKWONDO ADVANCED Ages 5-13	TAEKWONDO ADVANCED Ages 5-13				
6:00pm - 7:00pm	BASKETBALL Ages 8-13		BASKETBALL Ages 8-13				
6:00pm - 7:30pm	BOXING FIGHT TEAM Ages 13+adults	KICKBOXING Ages 14+ adult	BOXING FIGHT TEAM Ages 13+adults	KICKBOXING Ages 14+ adult	BOXING FIGHT TEAM Ages 13+		
7:00pm - 8:00pm		ZUMBA All Ages					

EMAIL: parramatta@pcycnsw.org.au or CALL: 02 96358242