



PCYC

BOXING PROGRAM

Junior boxing

Monday & Wednesday @ 4pm

Teen boxing

Monday & Wednesday @ 4.45pm

1 class per week \$80 per Term | 2 classes per week \$120 per term

**Adults boxing for fitness &
Strength**

Tuesday & Friday @ 9.30am &

6pm | Thursday @ 5.30pm |

Saturday @ 9.30am

included in gym & Fitness membership or \$14 per casual visit