

PCYC ORANGE GYMNASTICS

2021 TERM 1 TIMETABLE

KINDER GYM - Preschool children

Starts back Wednesday 27th January , Full paymnet required on booking



MONDAY - \$94.50 per term 9 weeks Coach - Amanda
10am Kinder gym 1-4ys - Parent joins the child

TUESDAY - \$112.50 per term 9 weeks Coach - Amanda
10am Kinder gym 4-5 Parent not required

THURSDAY - 9 weeks Coach - Amanda
9am Kinder gym 1-4ys - Parent joins the child \$105
10am Kinder gym 4-5 Parent not required \$125

FRIDAY 9 weeks Coach - Zareah
9am Kinder gym 1-4ys - Parent joins the child \$105
10am Kinder gym 4-5 Parent not required \$125

SATURDAY \$105 per term 9 weeks Coach - Zareah
10am Kinder gym 1-4ys - Parent joins the child

Annual Fees
PCYC Membership Fee \$10
Gym NSW Fee \$50 (Kindergym Only)

Kindergym is Gymnastics Australia's movement-based learning experience for young children and their parents or caregivers.

Children need as many opportunities as possible to optimise brain development and increase physical potential before they go to school. Kindergym provides a safe environment for children to develop physical skills in a fun and playful way, at their own rate. Educational research tells us that children learn best through exploring and discovering their abilities through physical activity. Gymnastics Australia's Kindergym program offers children a LaunchPad into fundamental movement; ensuring they can experience a wide range of movement activities and be encouraged to think, create, construct and solve problems with their own bodies. While developing co-ordination and self-esteem, Kindergym programs assist in your child's physical, social and cognitive development.

An Accredited Kindergym Leader guides each program, ensuring that the equipment set-ups are safe, stimulating and provide endless movement opportunities for your child to play and learn. Kindergym promotes the child as the key focal point and involves active participation of the child's mother, father or carer who also benefit from sharing in their children's fun and enjoyment. Kindergym allows parents to share rather than direct, allowing for real benefits from their child's self-initiated play.