

## PCYC NORTHERN BEACHES

### Junior Basketball – U10, U12s & U14s

#### Competition Registration Pack

##### SEASON DATES/TIMES

PCYCNB offers U10s, U12s & U14s competitions each term. The competitions run for 10 weeks – 9 rounds, 1 week finals. U10s and U12s game times are 4.15pm to 7.30pm Friday evenings and U14s game times are 4.30pm to 7.00pm Tuesday evenings.

##### HOW TO REGISTER

All registrations must be finalised before the first round of competition – this can be done online, in club or over the phone.

You may join the competition as a team, individual, or group of friends – we will try and place groups in a team together where possible. Preference will be given to existing players. Please email [northernbeaches@pcycnsw.org.au](mailto:northernbeaches@pcycnsw.org.au) if you are a new player looking for a team.

Each player must register individually (\$100.00 per player EARLY BIRD PRICE, \$120 REGULAR PRICE) and be a current PCYC Member (\$10 per year). If you wish to claim your **active kids voucher** or use **fitness passport** please do not proceed with online registration, and instead contact the club directly.

PCYCNB will not roll over registrations from previous seasons, and existing players will be given a cutoff date to re-register before places are opened up to new players.

##### TEAMS/PLAYERS/FILL INS

PCYCNB will place a maximum of eight (8) registered players in a team. If you are unable to make a game, please contact the club and we will find a fill in for your team. Fill ins must be registered in the competition and come from another team. Fill ins are not permitted if 5 registered players are present.

Teams must have 4 of their listed team playing in order for the game to count for competition points. If a team has less than 4 players then the game will be played but the score will be recorded as 20-0 in favor of the opposition.

Players from Division 1 cannot fill-in for a Division 2 game, if a Division 1 player plays in a Division 2 game then the game is declared a forfeit.

##### GAME DURATION

- U10s are 2x 14 minute halves
- U12s & U14s are 2x 18 minute halves
- Teams will lose 2 points for every minute they are late. The game is declared a forfeit if less than 4 players are present 10 minutes after allocated gametime.
- Running clock (at no point should the clock be stopped during the game, there are no timeouts, PCYC staff/Referees will control the clock) – Games must run on time and there are other

bookings after Junior Basketball on both courts. The clock will be stopped within the last minute if the score is within 5 points when the ball goes out or during subbing/free throws.

## U10s MODIFIED RULES

U10s is perfect for those who are very new to basketball; the ref teaches the rules and coaches while controlling the game. The ref may introduce modified rules throughout the term to develop players skills. e.g. of modifications below:

- **Man-on-Man defence:** Each player will be given a coloured wrist band and they must defend the player on the other team with the same colour i.e. red wrist band team A marks red wrist band team B.
- **Three dribble only:** Player must pass to a teammate after three bounces.
- **Mercy rule:** As below

## MERCY RULE

A mercy rule is a defensive restriction, helping to promote sportsmanship. The defensive team will be required to drop back to within the 3pt line when they are 20 points or more in front (U12s & U14s) and 10 points or more in front (U10s).

## BENCH DUTY

Each team must provide one parent to score their teams game. Instructions are on the score table; staff/referees are able to assist.

## SIGN ON

All players must scan their PCYC membership card upon entering the courts. They must also take a bib and write the number next to their name on the score sheet.

## COMPETITION POINTS

Win = 3 points, Draw = 2 points, Loss = 1 point

## RESULTS/FIXTURES

PCYCNB uses FIXI to log all competition game times, results and ladder via a free app. A link to results/fixtures can be found on our website, as well as instructions on how to download the app.

## FINALS

The last week of term will be play offs based on where each team placed on the ladder. i.e. 1v2, 3v4, 5v6. Prizes are awarded for 1<sup>st</sup> place and runners up.