



PCYC Mission

We get young people active in life

We work with young people to develop their skills, character and leadership

We reduce and prevent crime by and against young people.

Last Updated
5th February 2020

GYMNASTICS SCHEDULE



www.pycnsw.org



Gymnastics

JUMPING JOEYS	Introducing toddlers and young children to explore movement and think creatively founded in gymnastics.		
DAY	TIME	AGE	COST
TUESDAY	2:30pm – 3:30pm	2 – 4YRS	\$130 per term

GYM STAR	A program designed to teach children the fundamentals of gymnastics and challenge them physically and creatively		
DAY	TIME	AGE	COST
WEDNESDAY	5pm – 6pm	4 – 6YRS	\$130 per term
TUESDAY	4pm – 5pm	5 – 7YRS	
WEDNESDAY	6pm – 7pm	6 – 8YRS	
TUESDAY	5pm – 6pm	7 – 9YRS	
MONDAY	4pm – 5pm	10 – 16YRS	

FREE G	Freestyle Gymnastics encourages children to navigate obstacles in creative ways similar to parkour		
DAY	TIME	AGE	COST
MONDAY	5pm – 6pm	7 – 10YRS	\$130 per term

TUMBLING DEVELOPMENT	A division of gymnastics that involves learning and performing skills such as rolls, cartwheels, handsprings and other movements		
DAY	TIME	AGE	COST
TUESDAY	6pm – 7:30pm	8YRS+	\$160 per term

CLUB MEMBERSHIPS

JUNIOR MEMBERSHIPS (U18)
\$10

Memberships last for 12 months from date of sign up

Join today at the Club or online at www.pycnsw.org/kempsey

RECREATIONAL GNSW

\$60 annual fee

For more information about any of our programs, please contact us:

Phone: 6562 8399

Email: kempsey@pcynsw.org.au

