



## PCYC Mission

We get young people active in life

We work with young people to develop their skills, character and leadership

We reduce and prevent crime by and against young people.

Last Updated  
08/07/2021

# GYMNASTICS SCHEDULE



[www.pycnsw.org](http://www.pycnsw.org)



# Gymnastics

<b>GYM STAR</b>	A program designed to teach children the fundamentals of gymnastics and challenge them physically and creatively		
<b>DAY</b>	<b>TIME</b>	<b>AGE</b>	<b>COST</b>
WEDNESDAY	5pm – 6pm	4 – 6YRS	\$130 per term
TUESDAY	4pm – 5pm	5 – 7YRS	
WEDNESDAY	6pm – 7pm	6 – 8YRS	
TUESDAY	5pm – 6pm	7 – 9YRS	
MONDAY	4pm – 5pm	10 – 16YRS	

<b>FREE G</b>	Freestyle Gymnastics encourages children to navigate obstacles in creative ways similar to parkour		
<b>DAY</b>	<b>TIME</b>	<b>AGE</b>	<b>COST</b>
MONDAY	5pm – 6pm	7 – 10YRS	\$130 per term

<b>TUMBLING DEVELOPMENT</b>	A division of gymnastics that involves learning and performing skills such as rolls, cartwheels, handsprings and other movements		
<b>DAY</b>	<b>TIME</b>	<b>AGE</b>	<b>COST</b>
TUESDAY	6pm – 7:00pm	8YRS+	\$160 per term

## CLUB MEMBERSHIPS

JUNIOR MEMBERSHIPS (U18)

\$10

SENIOR MEMBERSHIPS (18+)

\$25

CONCESSION MEMBERSHIP

\$20

Memberships last for 12 months from date of sign up

Join today at the Club or online at

<https://www.pycnsw.org.au/kempsey/membership/>

## Gymnastics NSW - \$60

A 12 month registration fee with

Gymnastics New South Wales.

This is a compulsory fee across NSW for all Gymnastics program.

For more information about any of our programs, please contact us:

**Phone:** 6562 8399

**Email:** kempsey@pcynsw.org.au

