



PCYC Mission

We get young people active in life

We work with young people to develop their skills, character and leadership

We reduce and prevent crime by and against young people.

Last Updated
3rd February 2020

BOXING

ACTIVITIES SCHEDULE



www.pycnsw.org



Junior Boxing Skill Development	A non-contact program for children aged under 16 who are interested in learning the fundamentals of boxing	
AGE Group	DAY AND TIME	COST
6yrs – 12yrs	Monday 4pm – 5pm	\$14 per lesson OR \$100 per term

Boxfit For Kids	Cardio and boxing based fitness classes for kids.	
AGE GROUP	DAY AND TIME	COST
6yrs - 13yrs	Tuesday – 4pm – 5pm	\$14 per lesson OR \$100 per term

Boxing Bootcamp	A class designed to improve fitness and boxing skills for members 14yrs and older	
AGE GROUP	DAY AND TIME	COST
14yrs +	Monday 5:30pm – 6:30pm	\$14 per lesson OR \$100 per term



CLUB MEMBERSHIPS

JUNIOR MEMBERSHIPS (U18)

\$10

SENIOR MEMBERSHIPS (18+)

\$25

CONCESSION MEMBERSHIP

\$20

Memberships last for 12 months from date of sign up

Join today at the Club or online at

<https://www.pycnsw.org.au/kempsey/membership/>

For more information about any of our programs, please contact us: (02) 6562 8399

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