Junior Activities & Exercise Timetable

TABLE TENNIS: Mon 7-9pm, Tue 6:30-9pm, Wed 7-9pm, Thur 6:30-9pm, Fri 6:30-9pm & Sat 8am-5:30pm Junior Activities are \$155-165 per term and require a current PCYC membership (\$15). Our brand new Basketball Scrimmage on Fridays includes games between the players in the class. These are played for practice with no competitive importance.





	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:00pm	Basketball U8	Sub Boxing 5-9yrs	Basketball U6	Netball 5-8yrs	Basketball Scrimmage U10		
	Boxing 8-12yrs	4-4:45pm	Basketball U8	4-4:45pm	Basketball Scrimmage U12		
	4-4:45pm		Boxing 8-12yrs		Boxing 8-12yrs		
			4-4:45pm		4-4:45pm		
4:30pm			Teen Yoga 12-17yrs				
			4:30-5:15pm				
4:45pm	Basketball U10	Teen Girls Boxing 12- 17yrs	Basketball U10		Basketball U14		
	Boxing 12-17yrs	4:45-5:30pm	Basketball U12		Boxing 12-17yrs		
	4:45-5:30pm		Boxing 12-17yrs		4:45-5:30pm		
			4:45-5:30pm				
5:00pm				Netball 9-12yrs			
				5-5:45pm			
5:30pm	Basketball U12		Basketball U14				
	5:30-6:15pm		Basketball U16				
			5:30-6:15pm				

CONTACT US: Email us at hornsby@pcycnsw.org.au or give us a call on 02 8998 5400





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