

# Gymnastics Schedule Term 2, 2023

RECREATIONAL PROGRAMS:  
GYM S T A R Classes  
Gym Combo & Teen Combo  
Trampoline Development & Parkour

DEVELOPMENT & LEVELS PROGRAM: WAG (Women's Artistic), RG (Rhythmic Gymnastics) and TRP & DMT (Trampoline Sports). Our development and competitive classes are for those who move through our Recreational Program or by invitation and assessment.

ONLINE INFO



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am						GYM S   GYM T   GYM A&R (8-9am)	
9:00am						KG 2-3yrs   JG 4-5yrs (9-9:45am)	
			KG 2-3yrs (9:30-10:15am)			KG 2-3yrs   JG 4-5yrs (9:45-10:30am)	
10:00am			KG 2-3yrs (10:15-11am)			KG 2-3yrs   JG 4-5yrs (10:45-11:30am)	
11:00am			JG 4-5yrs (11:15am-12pm)			GYM S&T (11:30am-12:30pm) GYM A&R (11:30am-12:30pm)	
4:00pm	GYM S&T (4-5pm) TRAMP DEV (4-5pm)	WAG DEV (4-5pm) WAG LVL 1 (4-5:30pm)	GYM S&T (4-5pm)	GYM S&T (4-5pm)	GYM S (4-5pm)	WAG LVL 1-2 (4-5:30pm) WAG LVL 3-4 (4-6pm) RG LVL 6+ (4-7pm)	
5:00pm	GYM A&R (5-6pm) TRAMP SKILLS 1 (5-6pm)	WAG LVL 1 (5-6:30pm) WAG LVL 2 (5:30-7pm)	GYM T&A (5-6pm) TRAMP DEV & SKILLS 1 (5-6pm)	GYM A&R (5-6pm) RHYTHMIC DEV (5-6pm) RG LVL 3-5 (5-7pm)	GYM T (5-6pm)		
6:00pm	GYM COMBO 11+ yrs (6-7pm) TRAMP SKILLS 2 (6-7pm)	WAG LVL 3 & 4 (5:30-7:30pm) TRAMP & DMT (6-7:30pm)	CYM COMBO 8+ yrs (6-7pm) TRAMP & DMT (6-7:30pm)	OPEN PARKOUR (6-7pm)	GYM A&R (6-7pm)		

CONTACT US: Email us at [hornsbypcycns.org.au](mailto:hornsbypcycns.org.au) or give us a call on 02 8998 5400