

# Gymnastics Schedule Term 1, 2024

Recreation Programs:  
 Gym S T A R classes  
 Gym COMBO & Teen COMBO  
 Trampoline Development & Parkour

Development & Levels Program: WAG (Women's Artistic), RG (Rhythmic Gymnastics), TeamGym, ACRO (Acrobatics) and TRP & DMT (Trampoline Sports). Our development & competitive classes are for those who move through our recreational program or by invitation and assessment.

**BOOK NOW**



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am						GYM S&T   GYM A&R (8-9am)	
9:00am						KG 2-3yrs   JG 4-5yrs (9-9:45am)	
			KG 2-3yrs (9:30-10:15am)			KG 2-3yrs   JG 4-5yrs (9:45-10:30am)	
10:00am			KG 2-3yrs (10:15-11am)			KG 2-3yrs   JG 4-5yrs (10:30-11:15am)	
11:00am			JG 4-5yrs (11-11:45am)			GYM S&T (11:30-12:30pm)	
						GYM A&R (11:30-12:30pm)	
4:00pm	GYM S&T (4-5pm)	WAG DEV (4-5pm)	GYM S&T (4-5pm)	GYM S&T (4-5pm)	GYM S&T (4-5pm)		
	TRAMP DEV (4-5pm)	WAG LVL 1 (4-5:30pm)	TRAMP DEV (4-5pm)			WAG LVL 1-2 (4-5:30pm)	
	TeamGym (4-5pm)					WAG LVL 3-4 (4-6pm)	
5:00pm	GYM A&R (5-6pm)	WAG LVL 2 (5:30-7pm)	GYM A&R (5-6pm)	GYM A&R (5-6pm)	GYM A&R (5-6pm)		
	TRAMP SKILLS 1 (5-6pm)	WAG LVL 3-4 (5:30-7:30pm)	TRAMP SKILLS 1 (5-6pm)	BEG Parkour (5-6pm)			
	ACRO (5-6pm)						
	RG DEV (5-6pm) RG LVL3-5 (5-7pm)						
6:00pm	GYM COMBO 11+yrs (6-7pm)	TRAMP & DMT (6-7:30pm)	GYM COMBO 8+yrs (6-7pm)	INT Parkour (6-7pm)	GYM COMBO 8+yrs (6-7pm)		
	TRAMP SKILLS 2 (6-7:30pm)		TRAMP SKILLS 2 (6-7pm)	ADV Parkour (6-7:30pm)	Adult Class (6-7pm)		

**CONTACT US:** Email us at [hornsbym@pcycnsw.org.au](mailto:hornsbym@pcycnsw.org.au) or give us a call on 02 8998 5400

