

PCYC HORNSBY KU-RING-GAI

2021 GYMNASTICS SCHEDULE TERM 1

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8.00AM						GYM* G 8.00-9.00
						GYM* Y 8.00-9.00
						GYM M&STAR 8.00-9.00
9.00AM						KINDERGYM 2-3yrs 9.00-9.45
	KINDERGYM 2-3yrs 9.30-10.15		KINDERGYM 2-3yrs 9.30-10.15	KINDERGYM 2-3yrs 9.30-10.15		JUNIORGYM 4-5yrs 9.00-9.45
10.00AM						KINDERGYM 2-3yrs 9.45-10.30
	KINDERGYM 2-3yrs 10.15 - 11.00		KINDERGYM 2-3yrs 10.15am - 11.00am	JUNIORGYM 4-5yrs 10.15am - 11.00am		JUNIORGYM 4-5yrs 9.45-10.30
11.00AM						KINDERGYM 2-3yrs 10.45 -11.30
	JUNIORGYM 4-5yrs 11.15am - 12.00pm		JUNIORGYM 4-5yrs 11.15am - 12.00pm	JUNIORGYM 4-5yrs 11.15am - 12.00pm		JUNIORGYM 4-5yrs 10.45-11.30
12.00PM						GYM* G 11.30-12.30
	JUNIORGYM 4-5yrs 12.00pm-12.45pm		JUNIORGYM 4-5yrs 12.00pm-12.45pm			GYM* Y 11.30-12.30
						PRE LEVELS 11.30-12.30
	JUNIORGYM 4-5yrs 3.15pm - 4.00pm				JUNIORGYM 4-5yrs 3.15-4.00	
4.00PM	GYM* G 4.00-5.00	GYM* G 4.00-5.00	GYM* G 4.00-5.00	GYM* G 4.00-5.00	GYM* G 4.00-5.00	Recreational Programs GymStar G GymStar Y GymStar M GymStar * Gym*Combo - Senior Recreational Teen Gym Tramp Development Free G - Parkour After the GymStar Program, participants move into development programs RG - Rhythmic Gymnastics WAG - Womens Artistic TRP - Trampoline Sports
	TRAMP FUN (DEV) 4.00-5.00	RHYTHMIC LEVEL 6+ 4.00-7.00	TRAMP FUN (DEV) 4.00-5.00	RHYTHMIC LEVELS 1-3 4.00-5.00	TRAMP FUN (DEV) 4.00-5.00	
	FREE G BEGINNER 4.00-5.00	WAG LEVEL 1 4.00-5.30	PRE LEVELS 4.00-5.00	RHYTHMIC LEVELS 6+ 4.00-7.00	RHYTHMIC LEVELS 6+ 4.00-7.00	
	GYM * Y 4.00-5.00				WAG LEVEL 3 & 4 4.00-7.00	
5.00PM	GYM* M&STAR 5.00-6.00	GYM * Y 5.00-6.00	GYM * Y 5.00-6.00	GYM * Y 5.00-6.00	GYM * Y 5.00-6.00	
	TRAMP SKILLS 1 5.00-6.00	WAG LEVEL 3 & 4 5.00-7.00	GYM* M&STAR 5.00-6.00	RHYTHMIC LEVELS 4-5 5.00-7.00	GYM* Combo 8+ yrs 5.00-6.00	
	FREE G INTERMEDIATE 5.00-6.00	WAG LEVEL 2 5.30-7.00	TRAMP SKILLS 1 5.00-6.00		TRAMP SKILLS 1 5.00-6.00	
6.00pm	TEEN 11+ (TG) 6.00-7.00	GYM* Combo 8+ yrs 6.00-7.00	GYM* Combo 8+ yrs 6.00-7.00	GYM* M & STAR 6.00-7.00	GYM* M & STAR 6.00-7.00	
	TRAMP SKILLS 2 6.00-7.00		TRAMP SKILLS 2 6.00-7.30			
	FREE G ADVANCED 6.00-7.00					
7.00pm	ADULTS 7.00-8.00					