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Check out what's on!

Friday Mixed Basketball

Starts: Friday 19th March

BONUS - NO BENCH DUTY, WE PROVIDE THE BENCH!



16 Stewart St South Windsor NSW 2756 (02) 4505 5070 www.pcycnsw.org.au/hawkesbury



Welcome and thank you for choosing the PCYC Indoor Sports Competitions. With PCYC being a community centre, we take pride in being able to run sports for all ages. Our competitions are professionally run and *SERIOUSLY FUN*. Our sports competitions focus on fun, fairness and participation. We have great facilities and referees, and offer the latest in access to online draws, results and fixtures. This document contains all the information you need about our Basketball Competitions on offer, including the team nomination form. Our Basketball Competition is 5-a-side and played indoor based on FIBA International Rules.

All players must be PCYC Club members before submitting their registration form.

How To Register – Just 3 Easy Steps

- Team Captain/Manager registers the team by handing in or emailing the PCYC Hawkesbury a completed team nomination form with a *non-refundable \$200 deposit* to secure your team's spot. This deposit fee will be taken off the season total. Credit card is the preferred method of payment for the deposit, made either in person or over the phone on 4505 5070, to avoid delays at the Club during the registration period.
 - Complete team nomination forms must include **ALL** player details.
 - Team captains are responsible for updating player details. Only players who are on the team nomination form, are PCYC members and have paid their individual insurance/registration are eligible to play.
 - No fixtures will be allocated until PCYC Hawkesbury has received **BOTH** a complete team nomination form and a \$200 deposit.
 - The deadline for complete upfront fees is before the start of the fourth game of competition (i.e. Fourth week into the competition including any grading rounds). Teams **WILL NOT** be permitted to take the court if fees are not finalised by the due date.
- 2. All players **MUST** pay their individual player registration before their first game.
 - Individual player registration is \$15 per player.
 - No Registration = No Play Policy will be enforced by the Club 2 weeks into the competition.
- 3. All players **MUST** become PCYC members before participating in our Sports Competitions.
 - Membership is \$25 for Over 18s and \$10 for U18s and will need to be renewed yearly.

ALL TEAM REGISTRATIONS MUST BE COMPLETED ONE WEEK BEFORE THE COMPETITION START DATE TO BE ELIGIBLE FOR THE FIRST WEEK.

Late entries may be accepted depending on availability.

Competition Information



Season Dates & Times

The season kicks off for its first week on:

SENIORS

Friday Mixed 19th March

Please see draw for exact dates. Draw will be released prior to competition commencement and after the grading weeks. These competitions will operate as first past the post. Most competitions will normally have 2 weeks of finals series with all teams having some involvement.

TIMESLOTS

Friday Afternoon/Evenings: 6pm, 6.45pm, 7.30pm & 8.15pm

<u>Please Note:</u> Timeslots subject to demand and may change. Game times will be distributed as evenly as possible, however it is not always possible to get draws exactly even.

Competition Fees – Teams

SENIORS

Friday Mixed (2 grading* + 17 rounds + 2 finals) = 21 weeks **\$1260**

*PCYC reserves the right to adjust the amount of grading rounds therefore increasing or decreasing the number of competition rounds. Total number of weeks in competition WILL NOT change.

The \$200 deposit is due <u>before</u> the start of the first game. The deadline for complete upfront fees is <u>before</u> the start of the fourth game of competition (i.e. Fourth week into the competition – including any grading rounds).

The **TEAM CAPTAIN ALONE** is responsible for organising team fees from their team and pays the team fee in full **BEFORE** the start of the fourth game of competition. Fees can be paid by EFTPOS, Credit or Cash. (*We do not accept Amex*)

No discount on fees will be given if a BYE exists and/or a forfeit occurs in your competition or division. Failure to pay before the fourth game may result in your team to be withdrawn from the competition with NO refund.

PAY PER WEEK OPTIONS ARE AVAILABLE!!!

Please contact PCYC Hawkesbury on 4505 5070 for more information.

Only for competitions in excess of 14 weeks and with PCYC Management Approval

Game & Competition Requirements

Individual Registration Fee – Per Player

ALL Players must **INDIVIDUALLY** pay their **\$15 registration fee** at the front counter. This registration will then be recorded against your PCYC Membership and recorded on your team's nomination form. Payments for the registration fee must be made to compete in our competitions and for insurance coverage.

REGISTRATION MUST be completed by 26th March

No Registration = No Play Policy will be enforced by the Stadium after the 26th March

Team Captain, Manager or Coach

A team captain, manager, or coach (i.e. delegate) must be nominated on the team nomination form with complete contact details. In the event of a forfeit or any correspondence, the team delegate will be contacted by the PCYC Hawkesbury. It will be the responsibility of the team delegate to pass all correspondence onto their team players.

The team delegate alone is responsible for organising team fees for their team mates and pay the team fee in full by the fourth game of competition (i.e. Fourth week into the competition – including any grading rounds). PCYC Hawkesbury *WILL NOT* accept team payments from any player except the team delegate.

Team Registration

- Team nomination forms including ALL player details must be completed upon registration for all competitions.
- PCYC will NOT roll over nomination forms from previous seasons.
- Only players who are listed on the team nomination form, are PCYC members and have paid their individual registration with us will be eligible to play.
- New players may be added to the team at any point during the season, provided they
 meet the requirements from the point above and is approved by PCYC management.
 <u>PLEASE NOTE:</u> new players accepted to the team by management may also mean
 regrading of your team if management sees the need.
- Team delegates are responsible for updating player details throughout the season.

Grading

Draft grading of teams will be based on the information you provide us about your team's age, Basketball experience and skill level. Please provide as much information as possible on your Team Nomination Form. Grading of teams will be scheduled for the first two weeks of competition, however, PCYC reserves the right to adjust the amount of grading rounds if it sees fit.

Duration of Games

- **Mixed:** 2 x 18 minute halves
- Time will be kept on a running clock. In the last minute of the game 'stop clock' comes into action if the game has a difference of 7 points or less.
- One timeout can be taken per half per team. However, this is limited to a 1 minute timeout.
- <u>Please Note:</u> Time may be reduced if teams are late which includes late signing onto scoresheet. 1 goal will be awarded to the opposing team every 30 seconds a team is late. After the first 10 minutes, if the team has still not arrived or they are not ready to play the game will be deemed as a forfeit.

Teams and Players

The PCYC Hawkesbury recommend registering 7 players per team, with a maximum of 10 players registered. All teams MUST have a MINIMUM of 5 players registered to be included in a competition.

A player must have played 5 games with their team to be eligible to play in finals. For competitions with only 10 weeks, players must have played 3 games with their team to be eligible to play in finals.

<u>PLEASE NOTE:</u> New players may be added to the team at any point during the season, under approval of management. New players accepted to the team by management may also mean regrading of your team if management sees the need. (as stated in 'Team Registration)

Competition Rulings

Mixe		Players must be at least 15 years of age or older to play in this competition A minimum of two females must be on the court at all times.
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BORROWING PLAYERS

- A team may only borrow a **maximum** of **1 registered players** under the following circumstances:
 - \circ $\;$ If a team only has four original players on the court.
 - If a team has only two females player, they can borrow one other female player to have the required two females.
- Borrowed players must only be used to fill a team, they **MUST NOT** be used as substitutes.
- Borrowed players must be either the same division or lower on that night. If the player is registered on a different night, division does not apply.
- Borrowed registered players **MUST** be identified to the referees and write their name on the scoresheet and indicate which team they are registered in. Games with unapproved borrowed players will be a forfeit.
- Players can be borrowed any number of times during the season for round games (NOT FINALS).

<u>Signing In</u>

All players **MUST** always be PCYC Club Members* before entering the court. Players are to present their membership card to the front desk on arrival and sign the scoresheet for their game.

If a player is late, they must still visit front desk and present their membership card and sign onto the scoresheet **BEFORE** taking the court.

If a player is suspected to be playing under another player's name PCYC staff will ask for players membership cards and Photo ID for proof of identification. Player may be asked to leave the facility and the team will be fined \$150.

Membership is \$25 for Over 18s and \$10 for U18s and will need to be renewed yearly. Special Offer is currently \$5 membership for all ages which will be current until 31st December 2020 ONLY.

<u>Uniforms</u>

- All players in each team must wear matching numbered jerseys (singlets t-shirts are not accepted).
 - Jerseys must be similarly coloured (At the discretion of PCYC staff). E.g. Players cannot be in a light blue singlet and dark blue singlet; or a white singlet and a black and white stripped singlet.
 - Jerseys must be numbered. They must be numbered CLEARLY on the front and back of their singlet. The numbers must be the same colour as on all other team jerseys. Numbers must not be the same as any other player on your team, each player must have their own number. Temporary numbers such as (but not limited to) tape or stickers are not permitted. E.g. All numbers must be white; or all numbers must be black.
 - If jerseys are patterned, jerseys must be majority the same patterned (At the discretion of PCYC staff).
 - PCYC Club Management will have final ruling on all jersey approval.
- Shorts must not have pockets, zippers or buckles. Female players may wear tights.
- Non-marking shoes must be worn.
- As per FIBA rules, no player shall wear objects which may cause injury to others. Dangerous items include (but not limited to) head gear, hair accessories and jewellery. Fingernails must be cut and be no longer than the end of the finger. Any hard objects on hands, wrist, arms or body must be removed prior to the game.
- Teams not complying with the uniform rules will be penalised. 5 points is given to the teams opposition for each player out of uniform on that particular game (Maximum of 20 points).

<u>Injuries</u>

All injuries must be reported to PCYC staff at the time it occurs so we are able to record the injury. If the injury is not reported at the time of the incident, PCYC will not be held liable for the injury.



COMPETITION POINTS

Win = 3 points | Draw = 1 point | Loss = 0 points | Forfeit = -1 point | Forfeit (No Notice) = -3 points

PCYC Hawkesbury use's FiXi Sports Management system, get the APP to see your results and standings available at the App Store and Android.



SportFix

Sportfix is a free app that offers a fun, fast and convenient way for players to stay up to date with their competitions. All data is published to the app by Sporting Centres using FiXi – The industry's leading Sports Management Software.

FiXi managers over 60,000+ teams and 300,000+ players.

Forfeits

There will be no refunds for team fees paid when your team misses a game due to a forfeit. The PCYC will do it's best to arrange a friendly game for teams forfeited against, however, please note this is not always possible.

Forfeits require as much notice as possible and **MUST** be made over the phone or in person, **48 hours notice** will be required to avoid the 'No Notice Forfeit deduction of 3 points'.

Pay Per Week teams that forfeit will still be required to pay their weekly game fee. 48 hours notice will be required to avoid the 'No Notice Forfeit deduction of 3 points'.

Four registered players from your team are required to take the court to avoid a forfeit. If you cannot fill a team but have players able to play, let PCYC know as soon as possible and we can attempt to arrange friendlies. In the case that your team assists in the friendly, the game will be deemed as a forfeit but no team misses a game.

Teams forfeiting 3 or more times in a season will not be allowed to register for the next competition unless a vacancy still exists after all other expressions of interest are placed.

Finals Series

- Top 4 teams will play 2 weeks of finals/play-offs for all competitions (unless otherwise specified/organised)
- Semi Finals will be 1st vs 4th and 2nd vs 3rd. The winners will play each other in the Grand Final (unless otherwise specified)
- Divisions may be split to create additional or fewer finals games (e.g. splitting an 8 team comp into 2 x 4 teams). Finals format will be determined at the PCYC's discretion, dependent on amount of teams in each division.
- All teams, even those not finishing in the top section of the ladder, will play either finals or friendlies to conclude the season.
- Players cannot be borrowed for finals; only registered players on the nomination form that have met the relevant criteria are eligible for finals.
- A player must have played and signed on for a minimum of FIVE games for their team during the regular season to be eligible to play finals. Attendances only count once a player is listed on the nomination form, is a PCYC member, have registered themselves with us (as stated in 'Team Registration') and only from valid signatures from the player themselves.
- Teams with outstanding fees will not be permitted to play in the final's series.

Penalties

In the event of misconduct, warnings and suspensions will be awarded at the discretion of PCYC staff.

Straight ejection = Minimum 1 week suspension (Pending referee report, more weeks may apply. Referees have the ability to eject any player and/or spectators acting outside the code of conduct).

2 Technical Fouls in the same game = Minimum 1 week suspension

3 Technical Fouls or straight ejections over the course of the season = Minimum 2 week suspension

4 Technical Fouls or straight ejections over the course of the season = Minimum 1 additional week suspension

5 Technical Fouls or straight ejections over the course of the season = Minimum full season suspension

Technical fouls will only be recorded for bad or un-sportsmanlike behaviour displayed.

Suspensions can apply for both on and off court incidents at the Club, you are responsible for your action and behaviour at all times.

PCYC Hawkesbury uses the Basketball NSW Schedule of Disciplinary Penalties as a guideline for warnings and suspensions.

Disputes

Any disputes from a team about another team, staff, or match officials, must be made with the competition staff as soon as possible. Any disputes need to be made at the start of the game or during so they can be dealt with and resolved at the time of occurrence if possible.

Complaints and Reportable Conduct Procedure

Teams wanting to register a complaint or reportable misconduct about another player, team, match official or PCYC staff member will need to send an email to competition management within 24 hours of the event.

PLEASE NOTE: This is the ONLY correct way of registering a complaint. Teams failing to comply with this and confronting match officials, players or staff may receive suspensions or dismissal from the competition.

All complaints will be taken seriously and appropriate action will be undertaken within 24-48 hours and in the following weeks of competition, however depending on the severity of the complaint, some complaints may take longer to resolve.

Complaints can be sent to: <u>hawkesbury@pcycnsw.org.au</u>

FIBA rules apply unless otherwise stated below.

Timing Regulations

Standard timing regulations for round games will be RUNNING CLOCK:

- 2 x 18 minute halves
- 1 x 2 minute half time period (Referees can reduce this time if games are running late)

During games with a running clock, teams shall be permitted to:

- 1 x 1 minute time-out per half. Clock will stop during time out.
- The clock will stop for the last minute if the point score difference is 7 points
- Tied score will stand as a draw.

<u>Finals</u>

Games are standard time regulations - running clock.

In a tied game, 3 minutes extra will be played running clock. All team/player fouls will remain.

- One timeout per extra period is allowed per team.
- Clock will stop for 1 minute time out.
- The final minute shall be fully timed stop clock.

Bench, Substitution and Spectator Seating Area

Only manager or captain is allowed to stand. This person responsible to keep team and supporters 2 metres away from the bench scoring area <u>so bench can have a</u> <u>clear view of the game</u>. Substitution players advise bench and/or referee but <u>cannot</u> <u>enter the floor until referee on court advises</u>. Substitution(s) must stand clear of bench area's view after request. Any parties will be liable for a **Technical Foul** if the above are not followed.

Teams are not allowed to be sitting on the same side of the bench. Teams and their supporters must be sitting together on either side of the bench, and away from the opposing team they are playing.

Any concerns can be addressed to the referee by manager or captain at timeouts, half time and/or full time.

PLEASE NOTE: The referee has the final decision and must be respected at all times.

Mixed Rules

- Up to 3 members of either gender can be on the court at any one time. A minimum of two females must be on court at all times.
- Teams may start a game with only 4 players, providing players of both genders are present and on court.

MIXED BLOCK SHOT RULE

A male player may take a defensive position in front of a female player but must not attempt to block or move to screen her shot within the key. The male player's feet must remain on the ground stationary and his hands within his cylinder. A male player may defend the shot by placing his arms straight in the air, however, shall not jump or make contact with the ball in defending the shot. When infractions of this rule occur, the female shooter shall automatically receive 2 points as per the referee judgement. Persistent offenders of this rule may incur a technical foul, as well as possession throw in from half court.

Forfeits and Late Starts

- Teams failing to comply with sign on procedures or any form of prevention to start the game as scheduled will be penalised 2 points per minute Maximum 20 points before it becomes a forfeit.
- Clock will start at scheduled game time even if players are not ready to take the court. Clock will not be stopped or reset for the commencement of the game.
- A team may commence a game with a minimum of 4 players.
- Where a team forfeits, the score will be recorded as 30-0
- Where both teams fail to appear with 4 players after 10 minutes, the game shall be declared as a double forfeit. The score will be recorded as 0-0 for both teams and both teams will be deducted 3 table points for a 'No-Notice Forfeit'.

PLEASE NOTE: By mutual agreement between the teams, a match may be played after the forfeited time has lapsed and if the PCYC allows. This match will be played at the time remaining on the clock. The game will be played as a friendly game unless otherwise agreed upon.

Dangerous Items

As per FIBA rules, no player shall wear objects which may cause injury to others. Dangerous items include (but not limited to)

PCYC Sports

Team Registration Form

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By signing this form, I agree to abide by PCYC code of conduct, policies, procedures and sports competition rules at all times. Failure to do so may result in termination from the competition with no refunds.

