

ACTIVITY SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00am			Boxercise		HIIT the ground running	
8:00am						** HBBA JUNIOR COMESTIC COMPETITION**
8:30am					Gym Induction	** Aussie Hoops **
9:30am	** SOCCAJOEYS **		Mums and Bubs			
4:00pm	Junior Boxing			Junior Boxing		
4:30pm						
5:00pm	Basketball Skills Youth Boxing	Multisport	Learn to play Futsal	Youth Boxing		
5:30pm						
6:00pm					Mixed Basketball Competition	
6:30pm	Women's Netball Competition Gym Induction					
7:00pm		Men's Futsal Competition	Mixed Futsal Competition			

All PCYC users need to hold a valid PCYC Membership. Memberships can be purchased online or in the club. Annual fee is \$25 for Adults and \$10 for Juniors.

Classes not run by PCYC

SoccaJoeys (Nepean) – 1300 781 735

Hawkesbury Basketball – 0448 525 651 / 4587 8105



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