

Climbing Induction Form

REV 1.1

Participant Personal Information

Full name	Date of birth
Email address	Phone number

Staff to complete below

Policies: Ensure the participant is aware of the gym conditions of participation, such as check-in procedures, hours of operation.	
Equipment: Check the participant personal equipment for compliance and condition. <i>Provide and fit hire equipment as required, harness, shoes and chalk.</i>	
Safety brief: Explain climbing wall features and fixed items which present possible hazards. Explain emergency evacuation procedures.	
Belaying: Explain the top rope set up. Explain pre-climbing checks A to F and the purpose of each. Demonstrate and practice connecting up and belay technique. Supervise initial belay for each participant.	
Climbing communication: Explain the importance of clear communication prior to and during climbing.	
Climbing techniques: Explain and demonstrate climbing technique. Pushing with legs, foot placement, reaching and balance/resting.	
Lowering off / falling techniques: Explain and demonstrate connection between correct belay technique and falling. Explain and demonstrate correct Lower Off Technique with emphasis on sitting, walking backwards and belay control.	
Completion of climb. Pack and restore rope ensuring to connect climber and belay carabiners.	

CLIMB ONLY	
BELAY ONLY	
UNRESTRICTED	

INSTRUCTOR / GUIDE	
SIGNATURE	
DATE	

Acknowledgment

I acknowledge that I understand the risks involved in climbing and agree to follow all rules and procedures. (If Participant Is Under 18, Signed by Parent or Guardian)	
Participant Signature	Date

